



MAGHULL PARISH .

INSTITUTE BAZAAR.

June, 1909.

PREFACE.



“We may live without friends, we may live
without books,
But civilised man cannot live without Cooks.”



*In order that this useful book may be placed
before you, it has been necessary for many
kind friends to furnish recipes of their
favourite dishes, etc., and we now gladly
embrace this opportunity of publicly thank-
ing them.*

J. ROBINSON.

J. PIMBLEY.

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—
1909.

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Soups, Vegetables.

Mrs. Porter, Rufford.

TOMATO SOUP.

Ingredients :—1 oz. butter, 1 large onion, 2 carrots, 1 turnip, a sprig of parsley, 1 bay leaf, 1 blade of mace, 6 peppercorns, 3 cloves, 1 qt. of stock or water, 1 tin or 1 lb. of tomatoes, 1 oz. cornflower.

Melt the butter in a pan, peel the onion, and cut into rings ; put them into the butter and fry to a golden brown ; take them out, stir the cornflour into the liquid, add the stock and the rest of the vegetables, let them all boil together until soft enough to pass through a wire sieve ; when strained a gill of cream will improve it.

Mrs. S., Crosby.

STOCK.

Four lb. shin beef, 1 carrot, 1 turnip, 1 onion, $\frac{1}{2}$ head celery, 1 teaspoonful of salt, 4 qts. water.

Cut meat into small pieces, break bones and remove marrow, put meat, bones, and water into pot, add salt, and remove scum when it rises. When skimmed and boiling add vegetables (washed) cut into large pieces ; let stock boil slowly 5 hrs. ; strain through hair sieve into basin, and cool.

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